

Visit & Leisure

This part tells you of places to visit or some leisure time from time in the park, somewhere to take the children, time on the beach or just to have time out away from the hustle and bustle of the city or town.

There are now several level access low mobility walks in the Arnside and Silverdale area, some of these accessible to wheelchairs and mobility scooters. Contact Tourist Information Offices for further details.

Ashton Hall Garden Centre

Ashton Road, Thurnham, Lancaster, LA2 0AJ

Tel No.: 01524 751767

Fax No.: 01524 752388

eMail: info@ashtonhallgardencentre.co.uk

Website: <http://www.ashtonhallgardencentre.co.uk/>



- Level access and/or shallow ramps.
- Hard gravelled car park and paths.
- Accessible toilet.
- Assistance if required.
- Cafe.

Bayview Nursery and Garden Centre

Mill Lane, Bolton Le Sands, Carnforth, LA5 8ET

Tel No.: 01524 733780

eMail: questions@bayviewgardencentre.co.uk

Website: <http://www.bayviewgardencentre.co.uk>



- Level access and/or shallow ramps.
- Hard gravelled car park and paths.
- Accessible toilet.
- Assistance if required.
- Cafe.

Beetham Nurseries

Pool Darkin Lane, Beetham, Nr. Milnthorpe, Cumbria, LA7 7AP

Tel No.: 015395 63630

eMail: enquiries@beethamnurseries.co.uk

Website: <http://www.beethamnurseries.co.uk/>



- Level access and/or shallow ramps.
- Hard gravelled car park and paths.
- Accessible toilet.
- Assistance if required.
- Cafe.

Docker Park Farm

Arkholme, Carnforth, LA6 1AR

Tel No.: 01524 221331

Fax No.: 01524 221331



- Telephone for opening times.
- Most of the farm is accessible to wheelchairs and accessible toilet facilities.

Happy Mount Park

Marine Road East, Morecambe, LA4 6AM

Tel No.: 01524 582802

eMail: happymountpark@lancaster.gov.uk

Website: <http://www.lancaster.gov.uk/sports-and-leisure/parks-and-open-spaces/happy-mount-park/>



- Level access to most of the Park. Good path surface.
- Car park outside rear entrance. Limited on-street parking.
- Cafe with level access and outdoor seating.
- Accessible toilet.
- Picnic area.

Lancaster Castle

Castle Parade, Lancaster, LA1 1YJ

Tel No.: 01524 64998

Fax No.: 01524 847914

eMail: christine.goodier@lancashire.gov.uk

Website: <http://www.lancastercastle.com/>



Lancaster Castle is both a Crown Court and a HM Prison, set in beautiful surroundings with a medieval feel, close Lancaster Train Station and Bus Station

The Prison is not open to the public at all, however it is still possible to see a good portion of the building, and learn about its long and fascinating history.

Guided tours take place 7 days a week 10am to 5pm which are **not accessible by people in wheelchairs**, but there is an interactive tour for people unable to go on the tour and this is located in the foyer and is free to use.

(Closed Christmas and New Year)

Group bookings need to be booked with at least 1 week in advance of visit.

Lancaster City FC

Giant Axe, West Road, Lancaster, LA1 5PE

Tel No.: 01524 382238

Fax No.: 01524 841710

eMail: info@lancastercityfc.com

Website: <http://www.lancastercityfc.com/>

Contact the club for more information on disabled facilities.

Lancaster City Museum

Market Square, Lancaster, LA1 1HT

Tel No.: 01524 64637

Fax No.: 01524 841692

eMail: lancastercitymuseum@lancashire.gov.uk

Website: <http://www.lancashire.gov.uk/acs/sites/museums/lancastercity/>



- Ramp to entrance.
- Non automatic double door.
- Wheelchair and stair lift to upper floor.
- Access to upper floor by powered wheelchair may not be possible.
- Can accommodate two wheelchairs only on upper floor at a time.
- Opening times Monday to Saturday 10am - 5pm.

Leighton Hall

Carnforth, LA5 9ST

Tel No.: 01524 734474

Fax No.: 01524 720357

eMail: info@leightonhall.co.uk

Website: <http://www.leightonhall.co.uk/>



- Access to ground floor of house only during tours.
- Can drive right to the front door of the house to drop off visitors.
- Car park is close to entrance and all on one level.
- Cafe with level access and outdoor seating.
- Accessible toilet.
- Picnic area.
- Phone for more information.
- Wheelchair access to Gardens and ground floor of house.

Leighton Moss RSPB Nature Reserve

Myers Farm, Silverdale, Carnforth, LA5 0SW

Tel No.: 01524 701601

eMail: leighton.moss@rspb.org.uk

Website: <http://www.rspb.org.uk/reserves/guide//leightonmoss/index.aspx>



- Disabled parking.
- Close to Silverdale Rail station.
- Level access to Visitor Centre.
- Stair lift to tea room (on upper floor).
- Accessible toilet on ground floor.
- Level access to bird table viewing area.
- Access to Lillian's hide, is 100m from Visitor Centre.
- Panoramic view across reserve.
- Other hides also accessible via gravel paths.

Maritime Museum

Custom House, St Georges Quay, Lancaster, LA1 1RB.

Tel No.: 01524 382264

Fax No.: 01524 841692

eMail: lancastermaritimemuseum@lancashire.gov.uk

Website: <http://www.lancashire.gov.uk/acs/sites/museums/lancastermaritime/>



- One designated parking space outside entrance. Other limited parking nearby.
- Level access.
- Automatic doors.
- Fully accessible except for mezzanine floor.
- Talking Lift.
- Induction loop at reception.
- Some large print information.
- Accessible toilet.

Open times:

Easter to October daily 11am - 5pm

November to Easter daily 12.30pm - 4pm

Morecambe FC

Globe Arena, Christie Way, Westgate, Morecambe, LA4 4TB

Tel No.: 01524 411797

Fax No.: 01524 832230

eMail: office@morecambefc.com

Website: <http://www.morecambefc.com>



- Level access and lift to stands.
- Provisions made for disabled people.
- Accessible toilet.
- Cafe.

Morecambe Promenade, Stone Jetty and Sculpture Trail

Morecambe Promenade

Tel No.: 01524 582808

eMail: tourism@lancaster.gov.uk

Website: <http://www.tern.org.uk/>



- Superb views across Morecambe Bay.
- Level access from Town Centre.
- Convenient parking.
- Level surface with views across Morecambe Bay.
- Many of the Sculptures and artwork are very tactile and wheelchair accessible.
- On accessible bus route.
- Cafe on the Jetty is accessible by shallow ramp together with outside seating.

Morecambe Superbowl

Central Drive, Morecambe, LA4 4DW

Tel No.: 01524 400974

Fax No.: 01524 400975

eMail: info@super-bowl.co.uk

Website: <http://www.super-bowl.co.uk/>



- Level access.
- Provisions for bowling, Equipment for people with low mobility.
- Accessible toilet.
- Cafe.

Picnicking

Various Locations

Conder Green Picnic Site and Walk

Where there is access to the cycle and walking path towards Lancaster and Glasson Dock. Excellent views of the Lune Estuary.

- Level access.
- Accessible toilet.

Crook of Lune Picnic Site and Walk

Where there is access to the cycle and walking path towards Lancaster and Bull Beck. Excellent views of the river and the Lune Valley.

- Level access.
- Accessible toilet.
- Refreshments.

Lancaster Canal Path

The Canal tow path between Carnforth and Aldcliffe Lancaster is of metalled surface with level or ramped access points along its route. Level access is available at Aldcliffe and Ashton Rd, where there is a bridge free level walk between these points. There is a small amount of roadside parking at these points.

For more information and access points, contact the Tourist Information Office.

Salt Ayre Sports Centre

Doris Henderson Way, Salt Ayre Lane, Lancaster, LA1 5JS

Tel No.: 01524 847540

eMail: saltayre@lancaster.gov.uk

Website: <http://www.lancaster.gov.uk/sports-and-leisure/sport/sports-leisure-facilities/>



- Level access.
- Provisions made for.
- Accessible toilet.
- Assisted Access and Equipment.

Situated by Asda and mid-way between Lancaster and Morecambe.

The Forest of Bowland

The Stables, 4 Root Hill Estate Yard, Whitewell Road, Dunsop Bridge,
Lancashire, BB7 3AY

Tel No.: 01200 448000

eMail: bowland@lancashire.gov.uk

Website: <http://www.forestofbowland.com/>

In the Forest of Bowland we are trying to enable access to the countryside for everyone; especially people with disabilities, people who are less mobile and people with pushchairs.

Several trails have been developed across the Forest of Bowland which can be easily accessible for people with walking difficulties and pushchairs as the routes do not include stiles or very steep gradients.

Williamson Park, Ashton Memorial and Butterfly House

Wyresdale Road, Lancaster, LA1 1UX

Tel No.: 01524 33318

eMail: office@williamsonpark.com

Website: <http://www.williamsonpark.com/>



- Disabled car park is available in close proximity to the Memorial and Cafe. Parking is free for Blue Badge holders.
- Enter through the Quernmore Road gate.
- Car Park also on Wyresdale Rd.
- Access to park available although quite hilly.
- All wheelchairs, except the electrically powered, may visit Butterfly House.
- Ramped entrances to the Mini Beast House & Bird Enclosure.
- Access to the ground floor of the Ashton Memorial for a wheelchair is available via a lift with buzzer for assistance.
- Accessible Cafe.
- Disabled toilet facilities at cafe with level access.

Butterfly House opening times:

Easter to October 10am - 5pm daily

November to Easter Monday to Friday 11am - 4pm, Saturday and Sunday
10am - 4pm